This book is another excellent piece of work authored by the ever-persevering and industrious Dr M.S Bhatia and his younger colleague Dr. Tushar Jagawat. The book provides an extensive and up-to-date account of the historical aspects of Psychiatry, Psychology and allied Sciences.

The layout of the book is appealing and the chapters in the book are divided into two sections: Section 1 dealing with history of World Psychiatry and Section 2 dealing with history of Indian Psychiatry. The vast amount of data in the book is presented in tabular form instead of lengthy paragraphs thereby ensuring that the reading experience is pleasurable, less time-consuming and above all informative.

The Section 1 of the book provides comprehensive information related to various terms/concepts and their respective evolution in World Psychiatry, important figures in Psychiatry, psychosocial theories/therapies, various psychiatric syndromes, history and evolution of child and adolescent psychiatry, famous personalities who had suffered from various psychiatric disorders and various psychological tests.

The Section 2 of the book provides details pertaining to Psychiatry in India like the list of institutes providing care to the mentally retarded individuals, list of mental hospitals, Indian books on mental health, list of senior Indian psychiatrists possessing foreign qualifications, some Indian adopted psychological scales/tests, Indian Psychiatric Society- its history and evolution, National and Zonal awards in Psychiatry, Indian journals and their respective websites, legislation related to psychiatry in India.

This book is a compact and handy compilation of history and evolution in the field of psychiatry and allied sciences. I sincerely hope that this book will be a useful reference book for students preparing for various competitive examinations (undergraduates and postgraduates) as well as senior psychiatrists in their everyday clinical practice.

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