The book is a well conceived and informative guide for all physiologists and students who intend to pursue research in exercise physiology especially in the novel field of Kinanthropometry. It deals extensively with the techniques for measurements and application of the muscle movement and related aspects of exercise physiology. The chapters on the electromyography, lung function tests and cardiovascular and metabolic assessment are very comprehensive and reflect originality of thoughts and ingenuity in execution. The energy expenditure assessments and the tests for different types of exercise based on intensity are well covered. Only a few areas of inadequacy are identified such as basic skeletal muscle physiology chapter which does not deal with the structure and functional relationship of muscle in an elaborate detail as might be required. Another topic which should have been given wider coverage is the thermo-regulation. The book is highly recommended for routine reference.

Dr Parvati Gopal
Sc ‘F’
HOD, Space & Env Physiology

Call For Papers

48th ISAM Conference

The annual conference of Indian Society Of Aerospace Medicine is scheduled to be held at IAM, Bangalore from 05 to 07 Nov 2008. The Scientific Committee invites authors who intend to present papers at the conference to forward the same to:

Organizing Secretary,
IAM,IAF,Vimanapura PO,
Bangalore 560 017

The papers (advance copy) are to be submitted in 2 hard copies (abstract & full text) and 1 soft copy on CD in accordance to the guidelines to authors of this issue. The last date receipt of abstracts is 05 Aug 2008 and the full text of paper and biodata (on CD), 05 Sep 2008.